



SUULA

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Privacy Statement – Suula

1. Introduction

At Suula, we create spaces for presence, connection, and inner exploration. Trust and safety are at the heart of everything we do—including how we handle your personal data.

This Privacy Statement explains how Suula collects, uses, and protects your personal information when you engage with us—whether through our website, retreats, or other offerings.

We are committed to handling your data with care, transparency, and respect, in accordance with the General Data Protection Regulation (GDPR).

2. Contact Details

Suula
Pieter de Hooghstraat 1
2102 BX Heemstede
The Netherlands

Phone: +31 6 224 505 29

Email: info@suula.org

Website: www.suula.org

3. Use of Personal Data

When you use our website or participate in our offerings, you may provide personal data or certain information may be collected automatically.

We only process data that is necessary to:

- support your participation in our retreats and services
- communicate with you
- create a safe, respectful, and meaningful experience

4. Personal Data We May Process

Depending on your interaction with Suula, we may process:

- Name
- Address
- Phone number

- Email address
- Date of birth (if relevant)
- Payment details (for bookings)
- Technical data (IP address, cookies, browser data)
- Preferences or intentions you choose to share
- Health-related information provided voluntarily, such as allergies, dietary requirements, physical limitations, and relevant emotional or wellbeing information

This type of information is always shared voluntarily and is only used to support your safety and experience during retreats or sessions.

5. Purposes of Processing

We process your data for the following purposes:

- Managing bookings, retreats, and events
- Communicating practical information and updates
- Sending newsletters or inspiration (with your consent)
- Creating a safe and supportive retreat environment
- Improving our services and website
- Complying with legal obligations

6. Retreat Participation, Consent & Wellbeing

By registering for a retreat, session, or event, you acknowledge that participation is voluntary and based on your own responsibility.

You agree to share any relevant physical or mental health information that may impact your participation.

Suula's offerings are not a substitute for medical or psychological treatment.

You are responsible for listening to your own body and boundaries.

By participating, you consent to the use of your provided information solely for your experience and wellbeing.

7. Sharing Personal Data with Third Parties

Suula does not sell your personal data.

We may share your data with trusted service providers such as payment providers, booking systems, and email services.

We ensure appropriate agreements are in place.

We only share data when legally required or permitted.

8. Security and Retention

Suula takes appropriate measures to protect your data.

Access is limited to those who need it.

We retain data only as long as necessary.

9. Cookies

Suula uses cookies to improve your experience.

- remember preferences
- analyze website usage
- improve functionality

You can manage cookies via your browser.

10. Third-Party Websites

Suula is not responsible for how third-party websites process your data.

11. Social Media

Social media platforms may process your data if you interact with them.

12. Changes to This Statement

We may update this Privacy Statement from time to time.

13. Your Rights

You have the right to:

- Access your personal data
- Correct or update your data
- Request deletion of your data
- Withdraw consent at any time
- Object to processing
- Request data transfer

Please contact us at info@suula.org. We aim to respond within 30 days.

14. Complaints

You may contact us or file a complaint with the Autoriteit Persoonsgegevens.

15. Data Controller

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